

University of Arkansas, Fayetteville  
**ScholarWorks@UARK**

---

Summer Short Courses

Center for Human Nutrition

---

6-5-2018

# Summer Short Courses: Hot Topics in Nutrition Agenda

Jamie Baum

*University of Arkansas, Fayetteville, [baum@uark.edu](mailto:baum@uark.edu)*

Follow this and additional works at: <https://scholarworks.uark.edu/cfhns>

Part of the [Human and Clinical Nutrition Commons](#)

---

## Recommended Citation

Baum, Jamie, "Summer Short Courses: Hot Topics in Nutrition Agenda" (2018). *Summer Short Courses*. 1.  
<https://scholarworks.uark.edu/cfhns/1>

This Article is brought to you for free and open access by the Center for Human Nutrition at ScholarWorks@UARK. It has been accepted for inclusion in Summer Short Courses by an authorized administrator of ScholarWorks@UARK. For more information, please contact [ccmiddle@uark.edu](mailto:ccmiddle@uark.edu).



## **Summer Short Course: Hot Topics in Nutrition**

**When:** Tuesday, June 5<sup>th</sup>, 2018

**Where:** Don Tyson Center for Agricultural Sciences  
1371 W. Altheimer Drive, Fayetteville, AR 72704

**OR**

Online via Zoom Session

**What:** 20-minute sessions highlighting current hot topics in nutrition

**Registration Deadline:** Wednesday, May 30, 2018

**Questions:** Contact Jamie Baum at [cfhn@uark.edu](mailto:cfhn@uark.edu) or (479) 575-4474

**REGISTER USING THIS LINK:** <https://center-for-human-nutrition.uark.edu/summer-short-course.aspx>

Time	Speaker	Title
8:30	<b>Registration and Coffee</b>	
9:00	Introduction to Hot Topics in Nutrition	Jamie Baum, PhD
9:10	Functional Foods in Nutrition	John Van Camp, PhD
9:35	Moving Beyond Just Exercise: 24 Hours of Activity Behaviors	Erin Howie, PhD
10:00	Maternal-child nutrition and muscle health	Yan Huang, PhD
10:25	Assessing Food Insecurity in Northwest Arkansas	Kevin Fitzpatrick, PhD
10:50	<b>Break</b>	
11:10	Your Diet and Health - Challenges and Advances in Nutraceuticals	Navam Hettiarachchy, PhD
11:35	Fad Diets	Jamie McDermott, MS, RD
12:00	<b>Lunch</b>	
1:00	The Science of Hydration	Brendon McDermott
1:25	Gut Microbiome	Franck Carbonero, PhD
1:50	Food Insecurity, Food Pantries, and Health	Chris Long, PhD
2:15	Dietary Protein	Jamie Baum, PhD
2:40	Diabetes: Current Recommendations and Science	Aubree Hawley, BS
3:05	Nutrition Fact versus Fiction	Samuel Walker, BS and Angela Tacinelli, BS
3:15	<b>Closing Remarks</b>	Jamie Baum, PhD